

# Laelia Signature Package

## PAMPER & REJUVENATE

90 mins	800	• Body Relaxation
		• Facial Refresh

## REVITALIZING RENEWAL

2 hrs	1,900	• Himalayan Salt Scrub
50 mins		• Hot Stone Therapy
		• Natural Skin Dream

# Reflexology

## FOOT REFLEXOLOGY

30 mins	400	Is a form of massage therapy that involves applying pressure to specific points on the foot. Reflexology therapy may help you feel less stressed, more relaxed, and more energized.
60 mins	600	

## HAND REFLEXOLOGY

30 mins	400	Is a massage technique that puts pressure on various reflex points around your hands, stimulates blood flow and help you feel more relaxed.
60 mins	600	

# Body Treatment

## VIETNAMESE BODY RELAXATION

Relieves headaches and shoulder muscles, soothes the soul, and leaves you deeply relaxed.	60 mins	600
	90 mins	850

## SWEDISH MASSAGE

Is generally used for relaxation and stress reduction. With this technique, a massage therapist targets muscles with a combination of friction, gliding strokes, and kneading.	60 mins	600
	90 mins	850

## THAI MASSAGE

Direct effects on the body acupuncture points such as pressing, squeezing, stretching, folding,...	60 mins	700
	90 mins	950

## HOT STONE RELIEF THERAPY

Full-body oil massage with a combination of palms and hot stones to help relieve muscle tension, blood circulation and relieve stress.	75 mins	880
	90 mins	980

## HOT HERBAL BALL MASSAGE

Massage with herbal bags has the ability to relieve pain very quickly and effectively. The effect of helping blood circulation and repelling pain.	60 mins	700
	90 mins	950

Short treatments to help you make the most of your time.  
All treatments below: 45 mins | 450

- HEAD MASSAGE
- HEAD, NECK, BACK & SHOULDER MASSAGE
- HAND, NECK, BACK & SHOULDER MASSAGE

# Skin Care

## NATURAL FACIAL CARE

60 mins	750	Natural yoghurt facial that deeply cleanses, soothes & nourishes the skin, includes head & hand massage. (Cucumber, coffee, honey, yogurt)
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## BODY SKIN CARE

50 mins	700	Organic Coffee Body Scrub
50 mins	700	Organic Sesame Body Scrub

# Nail Service

BASIC MANICURE	350
Nail trimming, shaping, cuticle grooming	
BASIC PEDICURE	350
Nail trimming, shaping, cuticle grooming	
NAIL POLISH	150
REMOVAL Of GEL/POWDER	100
CALLUS REMOVAL	190
Remove dead cells, reduce foot od or, improves skin smoothness	

All price are in VND ,000 , including service charges and value-added tax (VAT).